

St Joseph's Child Friendly Anti-Bullying Policy



Approved: September 2023

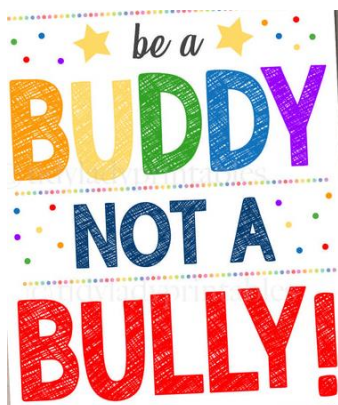
Next review: September 2024

BULLYING: What St Joseph's believes

At Rawmarsh St Joseph's Catholic Primary School we believe that all pupils have the right to learn in a supportive, caring and safe environment without the fear of bullying or harassment.

Through our Gospel and British Values, our school community embraces individuality and celebrates those qualities that make us all unique. All children and staff have the right to feel happy, safe and included. We promote and reinforce positive behaviours via our weekly kindness awards which are chosen by our Mini Vinnie group. Positive behaviour models are celebrated within classes via Class Dojo and as a school during Collective Worship. Gospel values are reinforced in Gospel assemblies each Monday where in the children explore positive behaviour such as respect for others, tolerance, caring, love, kindness, and forgiveness. The children are actively encouraged to follow in the footsteps of Christ and live out such values in their daily lives.

All bullying, of any sort, is unacceptable. Children who experience bullying will be supported. We recognise the effects that bullying can have on children's feelings of worth and on their schoolwork, and the school community will actively promote an anti-bullying environment.



WHAT IS BULLYING? At St Joseph's we define bullying as;

Bullying is planned or thought about and usually forms a pattern of behaviour. It can be done by one or more children.

Bullying is:

Deliberately hurtful

Repeated, often over a period of time

Difficult for victims to defend themselves against

It can take many forms but the main types are:

Physical – hitting, kicking, taking another's belongings



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Verbal – name calling, insulting, making offensive remarks

Indirect – spreading nasty stories about someone, exclusion from friendship groups, being made the subject of nasty rumours

Cyber/Online – is using technology to bully or hurt someone else e.g. online using computers or mobile phones, games consoles - social media, texts, e-mails, Skype and networking sites such as Facebook, Snapchat etc

Bullying is not:

When two pupils of equal power or strength have an occasional fight or quarrel

A 'one off' incident

How we deal with bullying at St Joseph's.

St. Joseph's will deal with each individual case of bullying depending on what has happened.

WHAT CHILDREN NEED TO DO IF THEY ARE BULLIED

RUN – YELL – TELL

Pupils who have been bullied should report this to their own class teacher.

Pupils who see others being bullied should report this to their own class teacher.

Reports of bullying will be logged by class teachers in the first instance and subsequently by the Headteacher. Any written records will be dated and kept by the Headteacher.

All reports will be taken seriously.



WHAT THE TEACHERS WILL DO TO HELP THE CHILDREN

Through-out the school year there are opportunities for children to explore bullying. They are taught what bullying is, how to stop bullying and what to do if you are being bullied. These are part of our RHSE curriculum which is delivered via the Ten:Ten programme – 'Life To The Full.' We also engage outside agencies such as The Anti Bullying Company who deliver anti-bullying workshops to individual classes through-out the school during the national Anti-Bullying Week. There are also specific teaching and learning about e-safety and cyber bullying as part of the school curriculum and



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one off events such as World E-Safety Day. There are also informative displays around school promoting British Values and Anti-Bullying information and advice.

We will provide support to pupils who are bullied.

We will encourage them to talk about how they feel.

We will help them make choices about how the matter may be resolved.

We will try to ensure that they feel safe.

We will ask them to report immediately any further incidents to us.

BULLYING OUTSIDE THE SCHOOL PREMISES

Schools are not responsible for bullying that occurs off the premises but we know that bullying can occur outside the school gates and on journeys to and from school. The bullying may be done by pupils from our own school, by pupils from other schools or by people who are not at school at all. Where a pupil or parent tells us of bullying off the school premises we will:

Talk to pupils about how to avoid or handle bullying outside of school

Talk to the Headteacher of another school whose pupils are bullying.

Talk to the police.



Bullying Don't Suffer in Silence

Information for Pupils of St Joseph's Catholic Primary School If you are being bullied

- Try to stay calm and look as confident as you can
- Be firm and clear – look them in the eye and tell them to stop
- Get away from the situation as quickly as possible
- Tell an adult what has happened straight away

After you have been bullied

- Tell a teacher or another adult in your school
- Tell your family
- If you are scared to tell an adult by yourself, ask a friend to come with you.
- Keep speaking up until someone listens and does something to stop the bullying
- Don't blame yourself for what has happened

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When you are talking to an adult about bullying, be clear about what has happened to you and how often it has happened as well as who was involved and who saw what was happening. Also where it happened and what you have done about it already.



If you find it difficult to talk to anyone at school or at home, ring

Childline, Freephone 0800 1111

Or write, Freepost 1111, London N1 0BR

The phone call or letter is free. It is a confidential helpline